

THE SITTING TREE

handmade. free~spirited design



VALENTINE HEART

Valentine Heart

Nothing says I love you, like a hand~knit valentine heart.

MATERIALS:

{for one small heart}

3 grams of worsted weight wool

Size US 6 {4mm} double pointed needles

Darning needle

ABBREVIATIONS:

CO = cast on stitches

sts = stitches

k= knit

M1 = Make one stitch;

lift the stitch from the row below and knit into the front of it

K2tog = knit 2 stitches together

ssk = slip, slip, knit

DIRECTIONS:

Note: Slip the first stitch in each row for a nice finished border

*For an itty bitty heart, CO 3 sts. Turn

K 3 sts. Turn

K1, M1, K1, M1, K1. Turn

K 5 sts. Turn

K1, M1, K3, M1, K1. Turn

K7 sts. Turn

Break yarn.

Slide all these stitches to the end of the needle.

Repeat from * Don't break yarn the second time.

You should now have both tops of the heart on one needle.

Making sure both pieces are ridge side up, knit across. Turn

K 3 more rows. Turn

K1, ssk, K to last 3 sts, k2tog, K1. Turn

K across. Turn

Repeat the last two rows until 2 sts remain. Bind off.

Darn in ends, coaxing the heart into shape.

To make a larger heart, add more increase rows to each top piece.

To make a taller heart, add more plain rows between each decrease row.

For the card, I hand stitched the heart in place with a bit of embroidery thread and a very sharp needle.

