

# TRESSE SOCKS

BY STEFANINA, © MARCH 2010



## MATERIAL

Yarn Sockina Color Schoeller + Stahl (420 m / 459 y per 100g) 1 skein  
Needles dpns 2.25 mm

## SIZE

To fit a 38-39 European size foot Medium

## GAUGE

30 st / 42 rows = 10 cm / 4" over stockinette stitch

## ABBREVIATION

- ❖ k: knit
- ❖ p: p
- ❖ M: increase
- ❖ st: stitch
- ❖ sl1wf: slip 1 st purlwise with yarn in front
- ❖ ssk: slip one st, slip one st, k2tog through back loop
- ❖ k2tog: knit 2 st together

## CUFF LEFT AND RIGHT SOCKS

Cast on 60 st, divide the st. evenly on 4 dpns (15 st per needles), join for working in the round, being careful not to twist the st. Work ribbing as follow:

\*p2, k2\* repeat all around from \* to \*.

Continue in this manner for 7 more rounds or for desired cuff length.

## LEG LEFT SOCK

Begin the Tresse sock leg chart on first 14 st, the other 46 st are simply knitted. Work from row 1 to 10, 5 times.

After completing the leg, work 14 next stitches following row 1 of chart. At this point the stitches will be divided for working the heel flap; the next 30 st will be the sole st and the other 30 st will be the instep st.

## LEG RIGHT SOCK

Begin the Tresse sock leg chart on first 14 st, the other 46 st are simply knitted. Work from row 1 to 10, 5 times.

After completing the leg, work 14 next stitches following row 1 of chart and knit 16 stitches. At this point the stitches will be divided for working the heel flap; the next 30 st will be the sole st and the other 30 st will be the instep st.

## HEEL FLAP LEFT AND RIGHT SOCKS

The heel flap will be worked back and forth over 30 st. in stockinette st.

1. sl1wf, knit 29, turn
2. sl1wf, purl 28, k 1, turn

Repeat row 1 and 2, 7 more times, 28 rows worked, 14 chained stitches on each side.

## TURNING THE HEEL LEFT AND RIGHT SOCKS

Now you can turn the heel as follow:

1. Row (RS): slip 1 as if to purl with yarn in front, k19, ssk, k1, turn
2. Row (WS): p 12, p2tog, p1, turn
3. Row (RS): k 13, ssk, k1, turn
4. Row (WS): p 14, p2tog, p1, turn
5. Row (RS): k 15, ssk, k1, turn
6. Row (WS): p 16, p2tog, p1, turn
7. Row (RS): k 17, ssk, k1, turn
8. Row (WS): p 18, p2tog, p1, turn
9. Row (RS): k 19, ssk, turn
10. Row (WS): p 19, p2tog, turn

Now you are ready to pick-up stitches for gusset.

## LEFT SOCK

Knit 20 heel st, pick-up and knit 15 st along left side of the heel flap, knit first 16 st of the instep, work next 14 st following row 2 of Tresse sock chart, pick-up and knit 15 st along right side of the heel flap, knit the first 10 st of the heel, this is the new beginning of the round.

## RIGHT SOCK

Knit 20 heel st, pick-up and knit 15 st along left side of the heel flap, work next 14 st following row 2 of Tresse sock chart, knit last 16 st of the instep, , pick-up and knit 15 st along right side of the heel flap, knit the first 10 st of the heel, this is the new beginning of the round.

## GUSSET LEFT AND RIGHT SOCKS

### Left sock

Set-up row:

Knit 25 st (10 heel st + 15 gusset st), knit 16 instep st, work next 14 st following row 3 of chart (instep st), knit 25 st.

### Right sock

Set-up row:

Knit 25 st (10 heel st + 15 gusset st), work 14 st following row 3 of chart (instep st), knit next 16 instep st, knit 25 st.

*Note: the "16 st" of the instep are always knitted and the "14 st" of the instep will be worked following the Tresse sock chart. These 30 st are designated as 30 instep st.*

Decreasing gusset:

1. Rnd: knit 22 st, k2tog, k1, work 30 instep st following chart Tresse sock chart, k1, ssk, k 22.
2. Rnd: knit sole and gusset st, work 30 instep st following chart.

Continue working these 2 rounds decreasing 2 st every other rnd, until you reach 60 st in total (30 sole st and 30 instep st). If you want a foot bigger you can decrease less stitches.

## FOOT LEFT AND RIGHT SOCKS

Continue working following the chart until you reach 6cm (2.5 inch) less than total desired foot length.

## TOE LEFT AND RIGHT SOCKS

1. Rnd: on instep st k1, ssk, k to last 3 st (24 st), k2tog, k1; on sole st k1, ssk, knit to 3 last st (24 st), k2tog, k1.
2. Rnd: knit

Repeat these 2 rounds decreasing 4 st every other rnd until 32 st remain (8 st on each needle), then repeat round 1 every round until it remains 8 st (2 st on each needle).

## FINISHING LEFT AND RIGHT SOCKS

Break yarn. With a sewing needle pull the yarn through the remaining stitches and weave in ends. Now you have finished the left sock; for the **right sock**, the modifications are indicated in each section, when it's different from the left sock.

Et voilà.

Happy knitting ☺

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### Tresse sock chart

|  | 14 | 13 | 12 | 11 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |    |
|--|----|----|----|----|----|---|---|---|---|---|---|---|---|---|----|
|  | ●  | ●  |    |    | ●  | ● |   |   | ● | ● |   |   | ● | ● | 10 |
|  | ●  | ●  | ↘  | ↘  | ●  |   |   |   | ● | ● |   |   | ● | ● | 9  |
|  | ●  | ●  | ●  | ●  |    |   |   |   | ● | ● |   |   | ● | ● | 8  |
|  | ●  | ●  | ●  | ●  | ↘  | ↘ | ↘ |   | ● | ● |   |   | ● | ● | 7  |
|  | ●  | ●  | ●  | ●  |    |   |   |   | ● | ● |   |   | ● | ● | 6  |
|  | ●  | ●  | ●  | ●  | ↘  | ↘ |   |   | ● | ● | ↘ | ↘ | ● | ● | 5  |
|  | ●  | ●  |    |    | ●  | ● |   |   |   |   | ● | ● | ● | ● | 4  |
|  | ●  | ●  |    |    | ●  | ● | ↘ | ↘ | ↘ | ↘ | ● | ● | ● | ● | 3  |
|  | ●  | ●  |    |    | ●  | ● |   |   |   |   | ● | ● | ● | ● | 2  |
|  | ●  | ●  |    |    | ●  | ● |   |   | ↘ | ↘ | ↘ | ● | ● | ● | 1  |


**Legend:**

- 
**purl**  
purl stitch


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- 
**c2 over 2 left P**  
sl 2 to CN, hold in front. p2, k2 from CN


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- 
**knit**  
knit stitch


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- 
**c2 over 2 left**  
sl 2 to CN, hold in front. k2, k2 from CN

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- 
**c2 over 2 right P**  
sl 2 to CN, hold in back. k2, p2 from CN

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- 
**c2 over 2 right**  
sl 2 to CN, hold in back. k2, k2 from CN

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