



Beribboned Wrists



A design by Alicia Landi

I don't know about you, but as long as my wrists are covered with wool, I stay nice and cozy warm. I felt the need for a little something to wear while chilled that would still leave my hands uncovered to do Very Important Things (like knitting). For these wristwarmers, I envisioned laced-up corsets, antiques, and Victorian times. The pattern includes both worsted and DK-weight versions. There are also instructions to add optional thumbs if you'd like to turn your wristwarmers into fingerless mitts instead.



Sizing:

- ⌘ Worsted: 9" long, 7" circumference around main body section unstretched.
- ⌘ DK: 11.5" long, 6.5" circumference. Both versions fit 6.5" wrist easily and stretch to fit 11-12" arm.
- ⌘ To accommodate larger forearms, begin knitting on needles one size up and switch to smaller needles after the first or second repeat of the **Main Body** section (where the arm narrows).
- ⌘ To adjust overall size, knit at a finer gauge (more sts/inch) for a tighter fit or at a larger gauge (less sts/inch) for a looser fit. Alternatively, add or subtract the number of stitches cast on by a multiple of 5.

Needles & Notions:

- ⌘ Worsted: Size 6 (4.0mm) DPN's.
- ⌘ DK: Size 5 (3.75mm) DPN's.
- ⌘ Two pieces of 3/8" wide ribbon, each ~45" long.
- ⌘ Tapestry needle to help lace ribbon.
- ⌘ Waste yarn (for optional thumbs).

Gauge:

- ⌘ Worsted: 5 sts/inch and 7.5 rounds/inch in stockinette in the round.
- ⌘ DK: 7 sts/inch and 9 rounds/inch in stockinette in the round.

Key

k = knit
 p = purl
 st(s) = stitch(es)
 rnd = round
 sm = slip marker
 k2tog = knit 2 sts together
 ssk = slip 1 st knitwise, slip another, knit together through the back loop
 ~ = approximately

Yarn:

- ⌘ Worsted: 160 yards. Shown in *Zaftig Bugga* by The Sanguine Gryphon (196 yards/114 grams, 70% merino wool, 20% cashmere, 10% nylon). Colorway: Fierce Snake (brown).
- ⌘ DK: 170 yards. Shown in *Traveller* by The Sanguine Gryphon, now available from The Verdant Gryphon and Cephalopod Yarns (280 yards/114 grams, 100% merino wool). Colorway: Whispering City (blue).



Pattern:

Notes:

- ∞ Repeat actions between asterisks (*) until otherwise indicated, or until the end of the rnd.
- ∞ Instructions are given for different sizes as follows: **Worsted (DK)**.

Cast On 35 (40) stitches using a stretchy cast on and join to knit in the round. I prefer the Twisted German Cast On, a variation of the Long Tail Cast On, for every edge (mitt, hat, shawl, socks) that I want to be extra stretchy. Please see TheKnitWitch's excellent tutorial on YouTube for more information (<http://www.youtube.com/watch?v=BfFadEumBak>). Place a marker to indicate the beginning of the rnd and slip this marker when you come to it.

Arm Cuff (work 20 (24) times):

Rnd 1: *p1, k3, p1*

Arm Eyelet (work once):

Rnd 1: knit

Rnd 2: purl

Rnd 3: *ssk, YO, k1, YO, k2tog*

Rnd 4: purl



Main Body Worsted (see chart on page 3):

Rnds 1, 3, 5: knit

Rnds 2 & 4 : k2, *p1, k4*, p1, k2

Rnd 6: k2, p1, YO, ssk, k2tog, YO, *p1, k4*, p1, k2

Main Body DK (see chart on page 3):

Rnds 1, 3, 5, 7: knit

Rnds 2, 4, 6: k2, *p1, k4*, p1, k2

Rnd 8: k2, p1, YO, ssk, k2tog, YO, *p1, k4*, p1, k2

Work Main Body pattern a total of 6 (5) times or to ~2"(3") less than total desired length. If you would like to add the optional thumb, skip ahead to the **Thumb** section (page 4) and then **return here**.

Work Rnds 1-5 (1-7) one additional time.

Wrist Eyelet (work once):

Rnd 1 : purl

Rnd 2: *ssk, YO, k1, YO, k2tog*

Rnd 3: purl

Rnd 4: knit



Wrist Cuff (work 10 (12) times):

Rnd 1: *p1, k3, p1*





Bind Off in pattern (purlwise for purl stitches, knitwise for knit stitches) using a stretchy bind off. I prefer Jeny's Surprisingly Stretchy Bind-Off, as seen on the Knitty website (<http://knitty.com/ISSUEfall09/FEATjssbo.php>).

Finishing:

Lace ribbon through the yarnover holes, beginning with the eyelets near the arm cuff and working towards the eyelets at the wrist, crisscrossing through the holes made by the yarnovers in each main body repeat.

If you are adding the thumb option, lace the ribbon beginning at the wrist and ending at the arm cuff, so the bow stays out of the way of your fingers. Also, please see the **Thumb Finishing** section on **page 4**.

Weave in yarn ends. Repeat the whole process for the second wristwarmer/mitt and enjoy! I can be reached on Ravelry (as "Shoelaceswitcher"), Craftsy ("Shoelaceswitch"), or on my blog at <http://woolendiversions.blogspot.com>.

Main Body Worsted Chart

Repeat sts in the red box until the last three sts of the rnd.

		•					○	/	\	○	•			6
														5
		•										•		4
														3
		•										•		2
														1



Main Body DK Chart

Repeat sts in the red box until the last three sts of the rnd.

		•					○	/	\	○	•			8
														7
		•										•		6
														5
		•										•		4
														3
		•										•		2
														1

Chart Key	
	=knit
•	=purl
○	=yarnover
\	=slip, slip, knit
/	=knit 2 together





Optional Thumb:

If you'd like, you can add an afterthought thumb to turn your wristwarmers into fingerless mitts. It should be placed after your 6th (5th) **Main Body** repeat as follows:

Right Mitt only:

Rnd 1: k 15 (14), then using a piece of waste yarn knit the next 5 (7) sts and turn work to purl back over the 5 (7) waste yarn sts. Continue to **Both Mitts** instructions.

Left Mitt only:

Rnd 1: k 25 (29), then using a piece of waste yarn knit the next 5 (7) sts and turn work to purl back over the 5 (7) waste yarn sts. Continue to **Both Mitts** instructions.

Both Mitts:

Drop the waste yarn and using your regular yarn knit back over the waste yarn sts and continue to the end of the rnd. Knit Rnds 2-5 (2-7) of the **Main Body** repeat as usual and follow the rest of the pattern as written from where it says "return here" on page 2.

Thumb Finishing:

When your mitts are finished, unravel or carefully cut the waste yarn that is holding the live thumb sts. Slide an empty needle through one leg of each of the 5 (7) bottom sts, plus one st before them to close gaps. Do the same for the 4 (6) top sts, plus one st before and one st after them to close gaps. You should have 12 (16) sts on your needles.

If you need help visualizing this, there is a video on afterthought thumb finishing produced by Knit Picks available on YouTube (<http://www.youtube.com/watch?v=coUORHiPymU>).

Split one set of sts across a third needle to knit in the round. The first st of the round will be the rightmost st of the bottom set of sts. The purl detail will be continued up the thumb.

Rnd 1: knit

Rnd 2: k3 (4), p1, k5 (7), p1, k2 (3)

Repeat these two rnds a total of 4 (5) times. Then knit one rnd, purl one rnd, and bind off as you did for the top of the mitt. Repeat for second thumb. If you have gaps, thread yarn through after finishing to close them up.

The neat thing about the afterthought thumb is that if you decide later you *don't* want one, you can unravel the thumb, graft the live sts together using kitchener st, and it will be like the thumb hole was never there!

