

Cecilia

By ShakeYourBooties



Designed to help friends with a worthy, but heartbreaking, cause – fundraising to help families who have suffered an infant demise – Cecilia booties are easy to knit. They are knitted flat and then finished with a simple seam, but have a quilted looking cuff to dress them up a tiny bit.

No parents should have to say goodbye to their little ones before they have had a chance to say a proper hello. Something handmade with love for the baby to wear for burial may help ease the pain the tiniest bit. These booties can be included in care packages for families who have suffered this tragic loss.

Finished Size:

Length of sole approximately 2”

Materials:

Dalegarn Baby Ull, approximately ¼ skein; or equivalent light fingering-weight yarn
1 pair US 0 (2mm) straight needles
2 stitch markers
1 large-eyed tapestry needle
¼” ribbon (less than 1 yd) to tie booties

Gauge:

Light fingering/sock weight yarn: about 32 sts to 4 inches

*Gauge is not critical, but it will affect the finished size of the booties.

Abbreviations:

k – knit

k2tog – knit next 2 stitches together as if they were one stitch

kfb – knit into the front and then the back of the next stitch

m1l – (left-leaning increase) make 1 stitch by picking up yarn before next stitch with left-hand needle from front to back then knit into the front of the picked up loop

m1r – (right-leaning increase) make 1 stitch by picking up yarn before next stitch with left-hand needle from back to front then knit into the back of the picked up loop

p – purl

p2tog – purl next 2 stitches together

pm – place marker

q1 – (quilt one): insert right-hand needle under the loose strand (carried across the front of the previous row of slipped sts) and k next st, pulling out st from under strand

sl – slip

sm – slip marker

ssk – slip next stitch as if to knit, slip next stitch as if to purl, insert the left needle from left to right through the front of both slipped stitches and knit off both at once

st(s) – stitch(es)

wyif – with yarn in front

yo – yarn over (around) needle

Pattern:

Sole

Using your preferred cast on (I use the long-tail for these), cast on 37 sts.

Row 1: knit.

Row 2: k17, pm, k3, pm, k to end.

Row 3: k1, m1r, k to m, sm, m1r, k to m, m1l, sm, k to last st, m1l, k1 (4 sts increased).

Row 4: knit.

Rows 5 – 10: repeat rows 3 & 4 three more times (53 sts), removing markers on row 10.

Rows 11-18: knit.

Instep

Row 1: k31, ssk, turn.

Row 2: sl1 purlwise, p9, p2tog, turn.

Row 3: sl1 knitwise, k9, ssk, turn.

Rows 4 – 14: repeat rows 2 & 3 (14 sts left either side of 11 instep sts – 39 total sts).

Row 15: sl1 knitwise, k9, ssk, k to end (38 sts).

Row 16: p23, p2tog, p to end (37 sts).

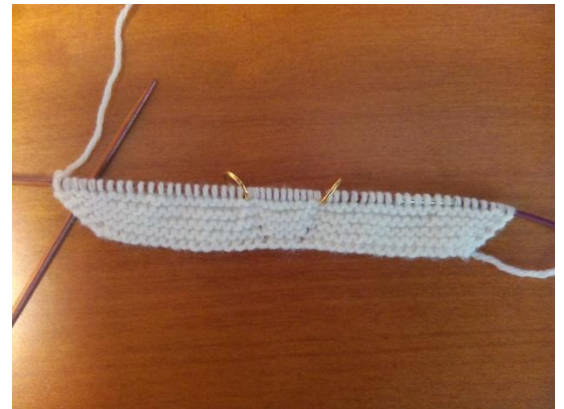
Ankle

Row 1: k2, *p1, k1; repeat from * to last st, k1.

Row 2: p2, *k1, p1; repeat from * to last st, p1.

Row 3: (eyelet row) k2, *yo, k2tog; repeat from * to last st, k1.

Row 4: repeat row 2.



Cuff

Row 1: (increase row) k4, *kfb, k3; repeat from * to last 5 sts, kfb, k4 (45 sts).

Rows 2 – 17: repeat rows 1 – 8 of Quilted Pattern (see below) twice.

Rows 18 – 22: knit.

Cast off (on right side).

Finishing:

Using the yarn tail left, sew the seam; weave in any loose ends, then turn the bootie out the right way.

Thread the ribbon through the eyelets and tie.

Quilted Pattern (multiple of 6 plus 3):

From p. 40 of Vogue Knitting Stitchionary, Vol. 1

Rows 1, 3, 5 & 7: (wrong side) purl.

Row 2: k2, *sl5 wyif, k1; repeat from * to last st, k1.

Row 4: k4, *q1, k5; repeat from * to last 5 sts, q1, k4.

Row 6: k1, sl3 wyif, *k1, sl5 wyif; repeat from * to last 5 sts, k1, sl3 wyif, k1.

Row 8: k1, *q1, k5; repeat from * to last 2 sts, q1, k1.

Image below shows q1 stitch (with the loose strand carried in front highlighted in red):



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You may copy and distribute this pattern, but you may not sell booties made from this pattern.