

# Sweet Heart Hat

A Golden Apple Design by Helen Griffin

A basic beanie type hat, with a stranded color work heart motif.

Sized to fit an adult woman.

## Material:

1 skein (100 grams) white worsted (Cascade 220 for example)--MC

1 skein (100 grams) red worsted (only about 20 yards are needed--CC1

3 yards of compatible worsted, in dark green or navy (optional) CC2

Sample hat was knit with Patons Clasic Merino (worsted ) but other similar weight yarns would be suitable.



**Needles:** (US) size 6 and 8 (or as need to get gauge )DPN's,  
Circular needles or both, working any method desired in the round.  
(Or size needed to obtain gauge. )

**Gauge:** 18 stitches =4 inches/10 cms; 24 rows= 4 inches/10 cms. (stocking knit stitch)

**Stitch marker to mark Beginning of the round (if desired)**

Using MC and CC1 and a long tail cast on, and smaller needles, Cast on 88 stitches-

Start cast on with a slip knot of both yarns. Work cast on with CC1 on thumb, and MC on index finger.  
DO NOT COUNT the double yarn slip knot as a stitch. **Drop the double slip knot** before joining into round.

Add the end of cast on cut, continue with CC1.

**Round 1:** Join into round, being careful not to twist, \*K1, P1

**Round 2 to 9:** work in 1 X 1 ribbing (\*K1, P1 every round)

Cut red yarn.

***Optional:** Pick up CC2 , and work 1 row in stocking knit stitch. Drop CC2,*

With MC, **switch to larger size needles.**

Work 1 round in white, then **work the chart.** (using MC and CC1)

There are 11 heart repeats in hat. Be sure to keep the floats loose as you work.

After the chart is completed, continue working in stocking knit, using MC only,  
till hat measures (from cast on edge) **6.5 inches.**

**Begin shaping crown.**

**R1:** \*K2 tog, K9 repeat from \*

**R2:** Knit every stitch (and every even round)

**R3:** \* K2tog, K8, repeat from \*

**R5:** \* K2tog, K7, repeat from \*

**R7:** \* K2tog, K6, repeat from \*

**R9:** \* K2tog, K5, repeat from \*

**R10:** \* K2tog, K4, repeat from \*

**R11:** \* K2tog, K3, repeat from \*

**R13:** \* K2tog, K2, repeat from \*

**R15:** \* K2tog, K1, repeat from \*

**R17:** \* K2tog

Break yarn, thread tail onto tapestry needle and pull through last 8 stitches. Knot and weave in tail.

**Finish:** Weave in all tails.

Make and attach a 2 inch pompom to top of hat, if desired, using red and white yarns.

		<i>Heart Pattern</i>								
		<i>8</i>	<i>7</i>	<i>7</i>	<i>5</i>	<i>4</i>	<i>3</i>	<i>2</i>	<i>1</i>	
8										8
7										6
6										6
5										5
4										4
3										3
2										2
1										1