

Reversible Strands for Men (and Women, too!)

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Straight ribs with ribbed side showing

Created with the hope that more men would feel comfortable wearing a hand-made, more manly hat if, or when, they picked out a chemo hat from the Cancer Center at the hospital that my guild, The Happily Hooked on Crocheting Club, donates to each year.

The texture of the hat is the reversible part, not the color. It can be worn with either side showing - one side will “expose” cable strand ribbing, the other side a “smooth” look to it, as in the pictures to the left.



Straight ribs with smooth side showing

It can have straight cable strands, as in these two pictures, or spiraling strands, as in the “flat” hat shown below. This pattern is also versatile enough that once you’re familiar with how this stitching is done, the spacing between the cable strands can be played with to give yet *another*, different look to the hat! You can do this hat with however many colors you choose. It can be made as long or short as you wish. Your choice. Enjoy!



Spiraling ribs with ribbed side showing

MATERIALS

2 skeins Caron Simply Soft, one main color, one alternate
Crochet hook size US K10.5/6.5 mm
Tapestry needle

GAUGE

4 rounds measured across diameter = 4 inches/10 cm

SPECIAL STITCHES

Front post double crochet (fpdc): yarn over, insert hook from front of work to the back, going behind post of indicated stitch, and back through to the front, draw up a loop to working-row height, (yarn over, pull through 2 loops on hook) 2 times.

NOTE

This pattern will start with spiraling cable strands for the first 6 rounds. After that, it's your choice to continue the spiral effect, or to have the cables straight. Pictures below have been included to ensure the correct placement of the new round's single crochets, as they are the key to spiraling..... or not!

PATTERN

With main color, make a ring by magic loop, or 3 chains joined together

ROUND 1: 12 dc in ring, join with slip stitch, ch 1

ROUND 2: Sc in 1st dc, fpdc around post of same dc, (sc in next dc, fpdc around post of same dc) around, join to first sc, ch 1. (12 sc, 12 fpdc)

ROUND 3: Sc in 1st sc, (2 fpdc around next fpdc, sc in next sc) around, 2 fpdc around last fpdc, join to first sc, ch 1. (12 sc, 24 fpdc)

ROUND 4: Sc in 1st st, [(fpdc around next fpdc, sc in top of same fpdc from previous round), fpdc around next fpdc, sc in next sc] around, fpdc around last fpdc, join to first sc, ch 1. (24 sc, 24 fpdc)

ROUND 5: Sc in 1st st, *(fpdc around next fpdc, sc in next sc) 3 times, 2 fpdc around next fpdc, sc in next sc. Repeat from * around to last fpdc, 2 fpdc around last fpdc, join to first sc, ch 1. (24 sc, 30 fpdc)

ROUND 6: Sc in 1st st, *(fpdc around next fpdc, sc in next sc) 3 times, fpdc around next fpdc, sc in top of same fpdc from previous round, fpdc around next fpdc, sc in next sc, repeat from * around to last 2 fpdc, fpdc around next fpdc, sc in top of same fpdc from previous row, fpdc in last fpdc, join to first sc, ch 1. (30 sc, 30 fpdc)



SC placement for spiral cables



SC placement for straight cables

FOR SPIRALING CABLES

ROUNDS 7-16: Sc in 1st st, fpdc around next fpdc, (sc in top of next fpdc, fpdc around post of same fpdc) around, fpdc around last fpdc, join to 1st sc, ch 1. At end of Round 16, change to Alternate Color for the ch 1; drop Main Color to back of work.

FOR STRAIGHT CABLES

ROUNDS 7-16: Sc in 1st st, (fpdc around next fpdc, sc in next sc) around, fpdc around last fpdc, join to 1st sc, ch 1. At end of Round 16, change to Alternate Color for ch 1; drop Main Color to back of work.

CONTINUING IN CHOSEN PATTERN

ROUND 17: With Alternate Color, repeat R7, join to first sc, change back to Main Color for the ch 1, dropping Alternate Color to back of work.

ROUND 18: With Main Color, repeat R7, join to first sc, change to Alternate Color for the ch 1, dropping Main Color to back of work.

ROUNDS 19-20: Repeat R17-18 one more time, fasten off Main Color at end of R20.

ROUNDS 21-26: With Alternate Color, repeat R7, join to first sc, ch 1.

ROUND 27: Sc around to end, join and fasten off. Weave in loose ends. Enjoy!