



What you need

Materials

1 skein (98 yds) *Mirasol K'acha* yarn, 60% merino wool/25% suri alpaca/15% silk, colorway 1203 (Kingfisher Blue).

4 double-pointed needles, US #8

Three stitch markers

Yarn needle to sew in ends

Gauge

6 stitches/inch in p1k1 ribbing,
washed and blocked

Dimensions

6.75 inches long, will stretch to fit around most adult female wrists

Pattern notes

You might see a loose-looking stitch or hole when you join the top of the thumb-hole together, at the base of the thumb, or in the cabling row next to the thumb. When you bind off, you can use the yarn tail to neaten this if you wish. The K'acha yarn blooms when washed, which minimizes the effect somewhat.

Designer

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This pattern is “Worthware”: if you like it, pay what you think it’s worth to the designer’s PayPal account:

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Twistler Wristwarmers by Wendi Dunlap

I was planning to go to a famous quadrennial winter sports competition, and thought the arena might be chilly, so I designed these wristwarmers that should keep any winter sports fan warm. The name alludes to both a “twizzle” (an ice skating move) and a certain mountain venue...

Definitions: *c4f*: Slip two stitches onto cable needle (cn) and let it hang in front of the work. Knit the next two stitches (k2). Then knit the two stitches that are on the cable needle (k2 from cn).

m1: Make one stitch. I used a lifted increase.

Starting: Cast on 40 stitches using the long tail method or any stretchy method you prefer, and divide the stitches on 3 double pointed needles (or use Magic Loop, if you prefer). Join and place marker, being careful not to twist.

Ribbing Round: *p1, k1, repeat from * to end of round. This is a p1k1 rib pattern.

Repeat this round until you have knitted 3/4 inch of p1k1 ribbing. Now, time to start the cable pattern:

Pattern Round 1: *p1, k4, repeat from * to end of round.

Round 2: *p1, k4, repeat from * to end of round.

Round 3 (cable round A): *p1, c4f, p1, k4, repeat from * to end of round.

Rounds 4, 5, 6: *p1, k4, repeat from * to end of round.

Round 7 (cable round A): *p1, c4f, p1, k4, repeat from * to end of round.

Rounds 8, 9, 10: *p1, k4, repeat from * to end of round.

Round 11 (cable round B): *p1, k4, p1, c4f, repeat from * to end of round.

Rounds 12, 13, 14: *p1, k4, repeat from * to end of round.

Round 15 (cable round B): *p1, k4, p1, c4f, repeat from * to end of round.

Round 16: *p1, k4, repeat from * to end of round.

You’ve completed one full repeat of the cable pattern. After Round 16, go back to Pattern Round 1 and continue knitting through the pattern again, until Round 5.

Round 5 (the second time): p1, k4, p1, k4, place marker, m1, place marker, *p1, k4, repeat from * to end of round.



Advanced note

for those who hate reading line-by-line patterns and would rather just wing it:

Basically what you do in the thumb gusset part is this:

1. Follow the cable pattern as before
2. In the even rounds, between the gusset markers, m1, knit to the next marker, m1 again, slip the marker, then continue in the pattern (see Round 8 for a good example)
3. In the odd rounds, just knit the stitches between the markers
4. Do this until you have 13 stitches between the markers, then on the next round, which is when you get back to Round 1 again, bind off those 13.

Now the fabric will be about 3 1/4 inches long. It's time to begin the thumb gusset, which will be between the markers you just placed.

Round 6: p1, k4, p1, k4, slip marker (sm), m1, k1, m1, sm, *p1, k4, repeat from * to end of round.

Round 7 (cable round A): p1, c4f, p1, k4, sm, k3, sm, *p1, c4f, p1, k4, repeat from * to end of round.

Round 8: p1, k4, p1, k4, sm, m1, k3, m1, sm, *p1, k4, repeat from * to end of round.

Round 9: p1, k4, p1, k4, sm, k5, sm, *p1, k4, repeat from * to end of round.

Round 10: p1, k4, p1, k4, sm, m1, k5, m1, sm, *p1, k4, repeat from * to end of round.

Round 11 (cable round B): p1, k4, p1, c4f, sm, k7, sm, *p1, k4, p1, c4f, repeat from * to end of round.

Round 12: p1, k4, p1, k4, sm, m1, k7, m1, sm, *p1, k4, repeat from * to end of round.

Round 13: p1, k4, p1, k4, sm, k9, sm, *p1, k4, repeat from * to end of round.

Round 14: p1, k4, p1, k4, sm, m1, k9, m1, sm, *p1, k4, repeat from * to end of round.

Round 15 (cable round B): p1, k4, p1, c4f, sm, k11, sm, *p1, k4, p1, c4f, repeat from * to end of round.

Round 16: p1, k4, p1, k4, sm, m1, k11, m1, sm, *p1, k4, repeat from * to end of round.

There are now 13 stitches between the gusset markers. You've completed another pattern repeat, so it's time go back to Round 1 of the cable pattern.

Round 1 (the third time): p1, k4, p1, k4, remove marker, bind off 13, remove marker, *p1, k4, repeat from * to end of round.

Rounds 2-5: follow the cable pattern (as written on page 1).

After Round 5, switch back to the Ribbing Round:

Ribbing Round: *p1, k1, repeat from * to end of round.

Repeat this round until you have knitted 3/4 inch of p1k1 ribbing.

Bind off loosely in p1k1 ribbing pattern.

Enjoy your new wristwarmers!

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