

# Zen

by Raquel Oliveira



**Needles:** US 15 - 16" circular needles.  
Or size to obtain gauge.  
Tapestry needle

**Yarn:** Super bulky yarn. About 100  
yds.

**Gauge:** 3 sts per inch in bamboo  
stitch.

**Size:** About 11"x7"

**Zen** was designed at a very blissful  
moment of my life.

This pattern is gorgeous and is  
worked in bamboo stitch.

A perfect free pattern to celebrate  
life! I hope you enjoy knitting it!

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## Pattern:

CO 62 sts.

Round 1: K around.

Round 2: \*YO, K2, pass yo over 2 knitted stitches, like a bind off\*. - repeat around.

Repeat those two rounds until piece measures 7" or desired length ending on a row 2.

Bind off loosely.

Weave in ends.

Enjoy your cowl!

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