

Izzy Buddy Boy Dolls

a free knitting pattern by Esther Braithwaite
www.stitchandshare.weebly.com

Materials

Model is knit in Paintbox Simply DK on 2.75mm dpns

Basic Body (work in stocking stitch throughout)

Cast on 32 sts. Arrange evenly on 4 needles.

Refer to chart or knit from pattern as follows:

SHOES

Rows 1-4 Knit in black

PANTS

Rows 5-18 Knit in grey

SHIRT (see cable and stripe options below)

Rows 19-30 Knit in green

FACE

Rows 31-38 Knit in tan

HAIR

Rows 39-42 Knit in brown



From left to right: Simple Sweater, Striped Sweater, Fishbone Cable Sweater Option A, Cable Sweater Option B, Chunky Cable Sweater Option C.

Begin Shaping for Top of Head

Row 43 K1, *Knit 4 K2tog, repeat from * to last stitch, K1.

Row 44 (and alternate even rows) Knit

Row 45 K1, * Knit 3 K2tog, repeat from * to last stitch, K1.

Row 47 K1, * Knit 2, K2 tog, repeat from *to last stich, K1.

Row 49 K1, * Knit 1, K2 tog, repeat from *to last stich, K1.

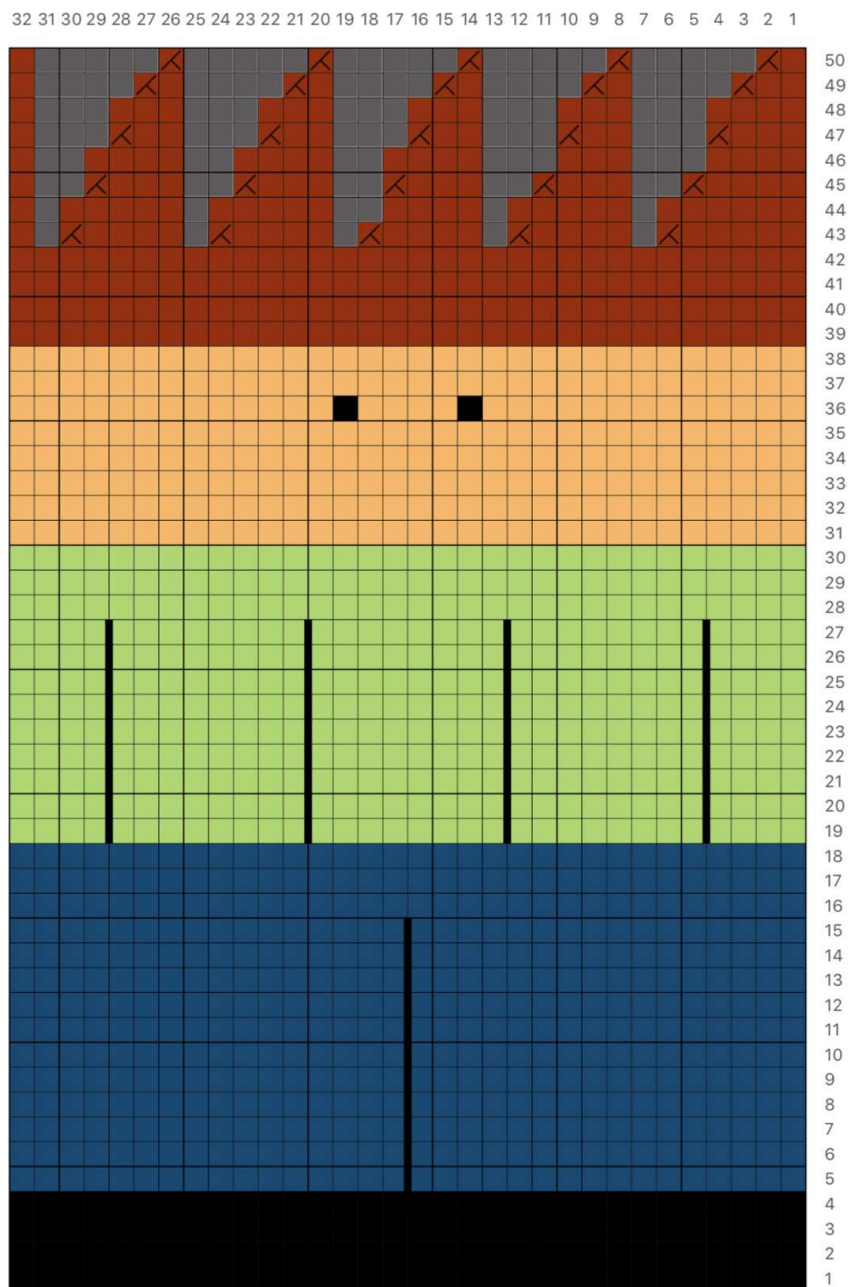
Row 50 K1, * K2 tog, repeat from *to last stich, K1.

Draw yarn through remaining stitches and pull to close. Secure yarn.

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Fishbone Cable Sweater (Option A)

Row 19 Knit

Row 20 Knit 12, Purl 2, Knit 4, Purl 2, Knit.

Row 21 Knit 12, Purl 2, S11 to CN, hold in back, K1, K1 from CN, S11 to CN, hold in front, K1, K1 from cable needle. Purl 2, Knit to end.

Row 22-23 (repeat Row 20)

Row 24 (repeat cable Row 21)

Row 25-26 (repeat Row 20)

Row 27 (repeat cable Row 21)

Row 28-29 (repeat Row 20)

Row 30 (repeat cable Row 21)

Cable Sweater (Option B)

Row 19 Knit

Row 20 Knit 12, Purl 2, Knit 4, Purl 2, Knit to end.

Row 21 Knit 12, Purl 2, S11 to CN, hold in front, K3, K1 from CN, Purl 2, Knit to end.

Row 22-24 (repeat Row 20)

Row 25 (repeat cable Row 21)

Row 26-28 (repeat Row 20)

Row 29 (repeat cable Row 21)

Row 30 (repeat Row 20)

Chunky Cable Sweater (Option C)

Row 19 Knit

Row 20 Knit 12, Purl 1, Knit 6, Purl 1, Knit to end.

Row 21 Knit 12, Purl 1, S13 to CN, hold in front, K3, K3 from CN, Purl 1, Knit to end.

Row 22-24 (repeat Row 20)

Row 25 (repeat cable Row 21)

Row 26-28 (repeat Row 20)

Row 29 (repeat cable Row 21)

Row 30 (repeat Row 20)

Striped Sweater (Option D)

Row 19-22 Knit in green

Row 23 Knit in white

Row 24 Knit in green

Row 25-26 Knit in white

Row 27 Knit in green

Row 28 Knit in white

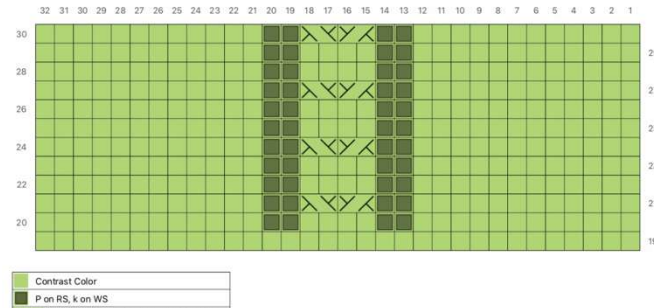
Row 29-30 Knit in green.

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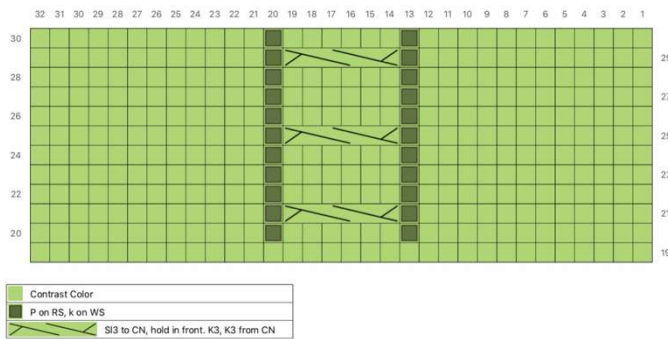
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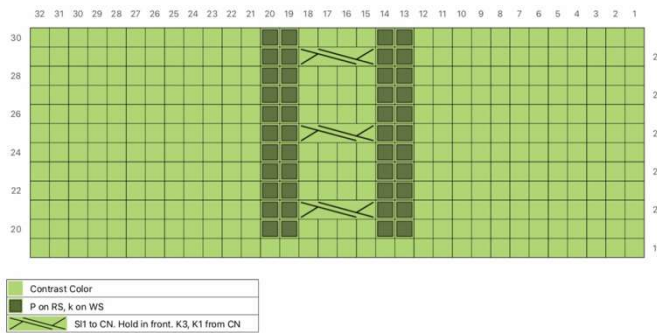
Cable Sweater Option A



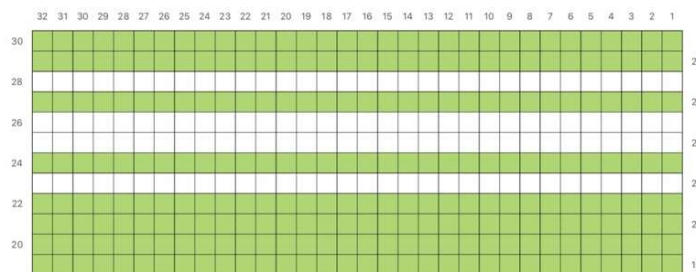
Cable Sweater Option C



Cable Sweater Option B



Striped Sweater



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To Finish Doll

Refer to chart for seam placement.

Stuff head. Sew a running of matching yarn across the first face row. Draw up to form neck and knot securely. Use ends to define arms as noted below.

Stuff body. Using long tail from cast on, sew a running stitch around first row of feet. Draw up to close doll.

Define legs. Using long tail from cast on, define legs with tiny backstitches through all layers - from bottom to beginning of bodice. Secure yarn.

Embroider eyes. Pull remaining black yarn from long tail cast on through body and embroider eyes. Secure yarn.

Define arms. Using ends from neck seam, on, define arms with tiny backstitches through all layers - from 2 stitches below neck to waist. Secure yarn.

About the History of Izzy Dolls

In Canada, Izzy Dolls are knit in recognition and memory of Master Corporal Mark Isfeld, who lost his life to a landmine explosion in Croatia in 1994.

Mark's mother created the Izzy doll for his unit to share with children during their work in peacekeeping.

You can read more about his legacy here: <https://www.hpicanada.ca/izzy-dolls/mark-isfeld/>

Where to Donate

Variations of Izzy Dolls, sometimes called comfort dolls, are welcomed by many volunteer organizations both locally and overseas.

I support Health Partners International Canada with my dolls. HPIC uses the dolls instead of packaging material to protect medicines and medical supplies that are distributed to relief clinics in areas of need around the world. The dolls are then given to children who visit the clinics.

You can read more about the mission and impact of this organization here: <https://www.hpicanada.ca/>

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