



BadCatDesigns

Lotus Socks



This pattern is for the adventurous knitter. Techniques include a traditional turned heel with heel flap and a wedge toe, lace knitting and using double-pointed needles.

Materials:

Jade Sapphire *Sapphire Sox*; one skein (shown in *Sole Mate* colorway)
US#2 double pointed needles (set of 5) or size to obtain correct gauge.
Yarn needle to weave in ends

Gauge:

7 stitches=1 inches in stockinette stitch
This sock will fit an average woman's foot, and length is adjustable.

Notes:

K=knit; P=purl; K2tog=knit two stitches together (right-leaning decrease);
SSK=Slip two stitches as if to knit, one at a time and knit through back leg (left-leaning decrease) ; anything bracketed between stars (*) is repeated over the row. Only odd numbered rows of the lace pattern are charted. All even numbered rows are worked around in knit. This pattern is written for a knitter with a basic familiarity of sock construction (but lots of detail is given for each step in this pattern) and a willingness to work with 5 double pointed needles and a chart. There are a number of excellent basic sock knitting books available to help with technique! Enjoy!

Pattern:

Cast on loosely using a long-tail cast-on: 56 stitches and divide on 4 needles (14 stitches per needle.) Join being careful not to twist. Knit one round, purl one round, begin chart at row 1. The chart is 14 stitches. You must repeat the chart four times per round (once for each needle.)

Begin heel flap:

1) *Slip 1 as if to knit, k1* across two needles. You will now have 28 stitches on one needle. (Reserve remaining stitches on the other two needles for the instep and continue working on those 28 stitches for the heel flap.)

2) Slip 1 as if to knit, p remaining stitches across the row

-Repeat steps 1 and 2 for a total of 28 rows.

-You will have 14 slipped stitches along each edge of heel flap when you are done.

Turn heel:

Slip 1 stitch, K 15 stitches. K2tog. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

P 5 stitches. P 2 stitches together. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

K 6 stitches. Skp. Slip the next stitch, wrapping yarn around the stitch and move stitch back to left-hand needle. Turn work.

P 7 stitches. P 2 stitches together. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

K 8 stitches. Skp. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

P 9 stitches. P2 stitches together. Slip the next stitch, wrapping the yarn around stitch and move stitch back to left-hand needles.

K 10 stitches. Skp. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

P 11 stitches. P2 stitches together. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

K 12 stitches. Skp. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

P 13 stitches. P 2 stitches together. Slip the next stitch, wrapping the yarn around the stitch and move stitch back to left-hand needle. Turn work.

K 14 stitches. K 2 stitches together. Turn.

Slip 1 stitch, p 14 stitches, P 2 stitches together. Turn work.

Slip 1 stitch, k across the row.

Make Gusset:

Pick-up 16 stitches along the side of the heel flap (14 that were slipped and one more on each side to avoid a hole. (NEEDLE 1)

K across the instep needles in charted pattern. (NEEDLE 2 and 3)

Pick-up 16 stitches just like needle 1. (NEEDLE 4) Then continue on needle 4, knitting 8 stitches from the needle containing the 16 heel stitches.

Transfer the remaining 8 heel stitches onto needle 1.

Row 1) Needle 1: knit. Needle 2 and 3: knit in charted pattern. Needle 4: knit.

Row 2) Needle 1: knit to last three stitches, k2tog, k1. Needle 2 and 3: knit in charted pattern. Needle 4: k1, Skp, knit to end.

Continue with these two rows until you are back to the original number of 56 stitches (14 stitches per needle.)

Foot:

Continue knitting around until foot is 2 inches shorter than the size you need. Be sure to maintain the charted pattern on needles 2 and 3. Feel free to try it on! End on a chart row 12. You can add a few plain rows if needed to get to the correct length for your foot.

Toe:

Knit all stitches on all four needles one round.

1) Knit to 3 stitches before the end of needle 1, k2tog, Knit 1. K1, SSK, knit to end of needle 2. Knit to 3 stitches before the end of needle 3, K2tog, Knit 1. K1, SSK, knit to end of needle 4.

2) Knit all stitches on all four needles one round.

Repeat steps 1 and 2 until you have 7 stitches on each needle.

Repeat step 1 until there are a total of 8 stitches left (2 on each needle.)

Bind off by cutting the yarn 9 inches from the last stitch and threading that through the 8 live stitches twice. Pull it tightly, neaten up the stitches and pull the end to the wrong side. Alternatively, you can graft the final 8 stitches together. Weave in the ends on the wrong side. **MAKE THE SECOND SOCK RIGHT AWAY!** Rinse the socks in cool water and roll in a towel to remove extra water. Shape gently and lay flat to dry. **ENJOY!**

Lotus Chart

					0	/	\	0									11
					0		/	\		0							9
				0			/	\				0					7
			0				/	\						0			5
		0					/	\								0	3
p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	1

	Knit
p	Purl
0	Yarn-over
\	SSK
/	K2tog

All even numbered rows are knit across, and not charted

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Every effort was made to insure this pattern is correct and easy to follow, but “Hey, I’m only human...” Please email me with any questions or concerns!

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