

Ocean Currents Cowl

Nancy Eiseman



This cowl was designed to be worn with the Changing Currents Cardigan, but stands on its own and can be worn with virtually anything. The welt stitch drapes and folds on itself and the cowl naturally falls into a lovely soft layering of folds and texture around the neck.

The cowl can be worn as an indoor piece with or without a sweater, or it can be worn as outerwear with your favorite coat. It is a great stash buster and great gift item as well.

It is worked from the top down in one piece. Increases are worked to shape the cowl.

Size:

One size fits all

Gauge:

20 sts x 42 rounds/rows = 4 inches /10 cm in Welt Stitch, with larger needles

Yarn:

Plucky Knitter, Bello Worsted; 100 g, 200 yd/183 m, 55% merino, 45% cashmere, Big Sky, 2 skeins

Or use any yarn of similar weight that achieves gauge: 390 yards/357 m

Needles:

Size 6 (4mm) and Sizes 7 (4.5mm): 16-inch/40 cm circular

Notions:

Stitch markers, tapestry needle

Stitch Guide

Welt Stitch (worked in the round)

Rnds 1 to 4: knit

Rnds 5 and 6: purl

Abbreviations

BO – bind off

CO – cast on

dec – decrease

inc - increase

k – knit

k2tog – knit two stitches together

M1L – Insert left-hand needle from front to back under horizontal strand between last st worked and next st on left-hand needle; knit through back of resulting loop (1 st increased)

M1R – Insert left-hand needle from back to front under horizontal strand between last st worked and next st on left-hand needle; knit into front of resulting loop (1 st increased)

p – purl

pm – place marker

rep – repeat

rnd - round

RS – right side

St(s) - stitch(es)

Cast-On and Work Rib Border:

With smaller needles CO 124 sts.

Note: Directions are to knit one row before joining to work in the round. This helps reduce the possibility of twisting before joining. It is ok to join for knitting in the round before the first row below if you prefer.

Row 1 (RS): *k1, p1; rep from * to end.

Place marker (to mark beginning of round), join to work in round:

Rnds 1 to 4: *k1, p1; rep from * to end.

Decrease and Purl Rounds

Rnd 5 (dec rnd): k4, *k2tog, k3; rep from * to end – 100 sts.

Change to larger needles.

Rnds 6 and 7: purl

Welt Stitch Rounds

Rnds 8 to 37: Work even in Welt Stitch pat (see stitch guide), ending on rnd 6 of the Welt Stitch pattern.

(There will be 5 repeats of the Welt Stitch pattern worked.)

Welt Stitch with Increase Rounds:

Tip: Markers placed in next round are inc rnd markers. Use a different color or different style marker than marker used for beginning of rnd.

Rnd 1 (set-up) *k25, pm; rep from * 2 more times; knit to end.

Rnd 2: *k1, M1L, knit to 1 stitch before marker, M1R, k1, sm; rep from * 3 more times – 8 sts increased.

Rnds 3 and 4: Knit

Rnds 5 and 6: purl

Rnds 7 to 10: Knit

Rnds 11 to 12: Purl

Repeat rnds 1 to 12, 7 more times – 164 sts.

Increase Round and Rib Border:

Change to smaller needles.

Rnd 1 (inc rnd): Removing increase markers, *k5, M1R; rep from * 1 more time, *k5, M1R, K4, M1R; rep from * 15 more times, *k5, M1R; rep from * 1 more time - 200 sts.

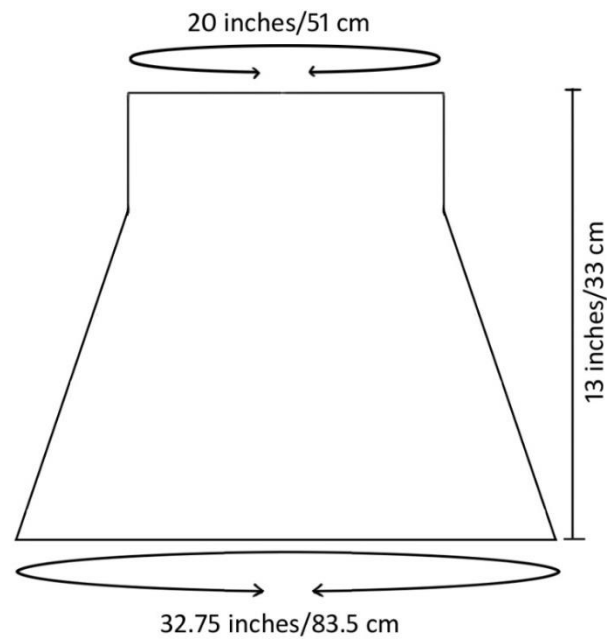
Rnds 2 to 6: *k1, p1; rep from * to end.

BO all sts in pat.

Finishing:

Weave in ends. Wet block to allow yarn to relax and bloom.

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Cowl shown with the Changing Currents Cardigan:

