

Cabled Fingerless Mitts

Graceful cables adorn these fingerless mitts designed to keep your hands toasty warm.

NOTE: These mitts are worked at a tighter gauge than usual for the yarn specified. This makes them denser and warmer.

Supplies

150 yds. worsted weight yarn
2 – US size 6, 24” circular needles
tapestry needle, cable needle, 12” piece of smooth waste yarn, row counter (optional)

Gauge

Approx. 8.5 sts/inch in 4x2 ribbing, relaxed



Cuff

CO 48 stitches and divide evenly on 2 circular needles. Join to work in the round. Work in K4, P2 rib until the cuff measures 2”.

Hand

Ndl 1 holds the palm stitches

Ndl 2 holds stitches for the back of the hand

Work K4, P2 rib on the palm stitches (Ndl 1) while working the following cable pattern on Ndl 2.

Pattern Stitch

Row 1: C4F, P2; repeat across

Row 2-5: K4, P2 ; repeat across

Continue working in this pattern until piece measures 6” from start of cuff.

For the right hand: On Ndl 1, work the first 7 sts with a piece of waste yarn. Transfer these sts back to the left needle and work them again with the working yarn. Continue working the rib pattern.

For the left hand: On Ndl 1, work rib pattern until you reach the last 7 sts. Work these 7 sts with a piece of waste yarn and transfer them back to the left needle. Work them again with the working yarn.

For both hands: Continue working the rib pattern on Ndl 1 and the cable pattern on Ndl 2 for another 2”. BO loosely in pattern.

Thumb

Carefully remove waste yarn and place the sts on 2 needles. You will have 6 sts on the top of the thumb and 7 on the bottom.

Join yarn and work the 7 sts across bottom. Pick up 3 more stitches to close the gap between the two needles. Knit the 6 stitches on the other needle and pick up 4 more sts to close the gap on the other end.

Knit 10 rounds and BO very loosely as to not cut off the circulation in your thumb.

Weave in ends.

Abbreviations	
CO	Cast on
BO	Bind off
C4F	Slip 2 sts to cable needle, work next 2 sts from left needle, work 2 sts on cable needle
st(s)	stitch(es)
ndl(s)	needle(s)
K	knit
p	purl