

*Requires...*

- 50g Rowan Soft Baby chunky weight yarn (approx 100m in length)
- 6mm straight needles
- Cable needle

*Abbreviations...*

K Knit

P Purl

C6B Put 6 stitches on cable needle and hold to back of work, knit 6 stitches and then knit 6 from cable needle

C6F Put 6 stitches on cable needle and hold to front of work, knit 6 stitches and then knit 6 from cable needle

*Pattern...*

Cast on 62 stitches

1. K

2. P

3. K

4. P

5. K1, C6B, K to last 13 stitches, C6F, K1

6. P

7. K

8. P

9. K

10. P

Repeat rows 1-10, 11 more times

*Finishing...*

Cast off leaving a long thread to sew edges together to form a tube with the cabled edges forming the top and bottom openings.



*Take it further:*

Instead of a stitched seam to this cowl—you could start and finish differently for a sleeker look and some knitting progression by...

Cast on 62 stitches using a Provisional Cast On (follow pattern instructions).

And rather than cast off at the end, graft the cast on and off edges using Kitchener stitch.