Gully Wash Socks* | Toe-up socks that form rivulets on your feet

Designed by: Charisa Martin Cairn | October 2007

Please refer to the "Lifestyle Toe Up Socks", a tour guide for building socks that always fit.

Yarn: Blue Moon Fiber Arts
Socks That Rock, Lightweight, 360 yards
Needles/Method: Size 1, US
Using 2 circular needles, socks knit in the round
Gauge: Depends, but about 8-10 stitches to the inch

What you know or will learn using this pattern:

- A magical cast on
- Making cables without a cable needle
- Knitting socks that fit
- An easier short row heel
- A stretchy bind-off that will always wear comfortably

Make the Toe

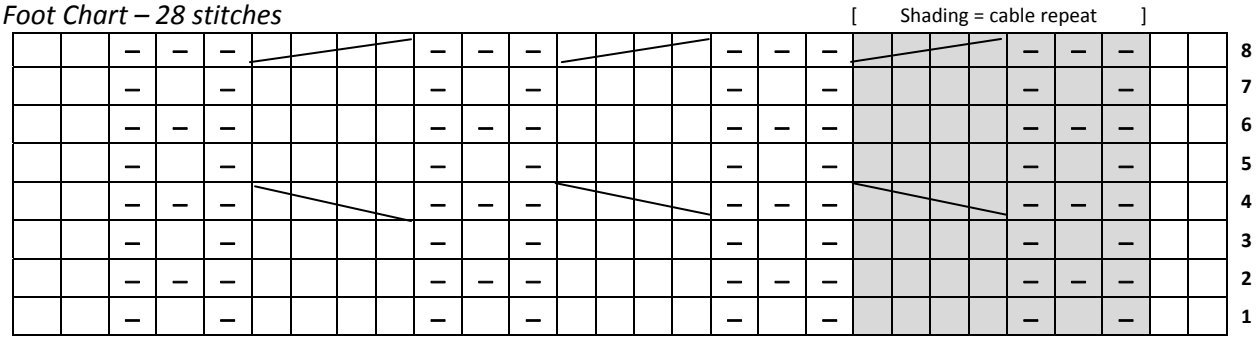
1. Using Judy Becker's cast on, cast on 10 stitches each on needle 1 and needle 2.
2. Increase 1 stitch at the end of each needle (total 4 increases)
   My preferred inc method:
   K1, inc 1, knit to last st, inc 1, k1
3. Knit plain, 1 row
4. Repeat 2 & 3 until you have increased so that the wedge you make fits over your toes and you can wiggle them (the beauty of socks knit toe up.) This pattern assumes total stitches are 56, 28 on each needle.
5. Ensure that the total stitches is a multiple of 7, if not, adjust in next row or 2 to make total stitches divisible by 7. *note:* it is better to increase than decrease here. Hopefully you won't be off more than a stitch or two.

Knit the Foot

Before you knit, adjust the chart to fit your number of stitches if needed (your total stitches must be divisible by 7).
For the foot:

6. Knit the *Top of Foot* chart on needle 1.
7. Knit plain on needle 2 (sole of your sock).
   Continue repeating the *Top of Foot* chart on needle 1 and knitting plain on needle 2 until you are 1-1.5" short of your heel (try on as you go, sister!) End with row 8 of the *Top of Foot* chart.

Top of Foot Chart – 28 stitches



* Experimenting with cables and this wonderful yarn, the cabling looked just like water rushing through gullies in the streams around where I grew up in the Texas hill country. The colorway that I used only reinforced the visual by being the color of the washed gully.

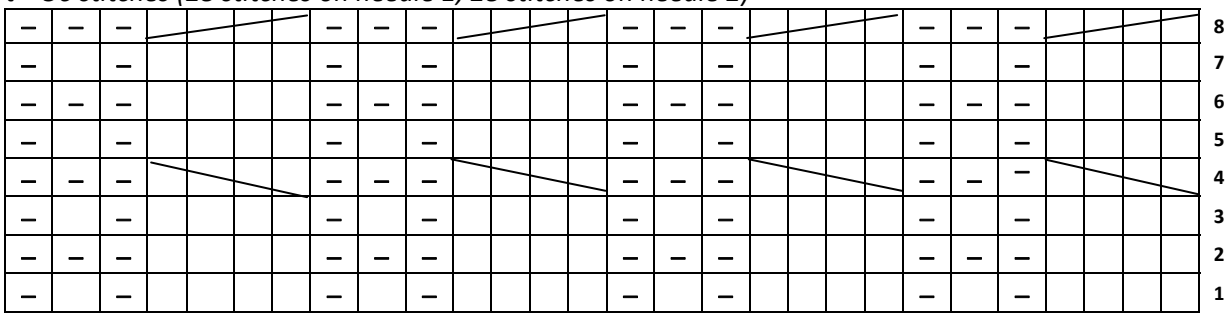
Create the Heel Cup using Priscilla Wild's Short Row Heel

8. On needle two, follow the directions in the "Lifestyle Toe Up Socks" method to make the heel (using 28 stitches.)
9. When heel is complete, set up stitches to knit the Leg Chart (56 st total):
   Needle 1 and 2: move the last two stitches on each needle to the next needle.

Knit the Leg

Resume knitting in the round on both needles, with the "Leg Chart" over all stitches.

Leg Chart – 56 stitches (28 stitches on needle 1, 28 stitches on needle 2)



Knit the 8-row *Leg Chart* until your sock is the length you want it, or you have knitted almost 1/2 of your skein of yarn.

Knit A Garter Band

K1 row; P1 row , repeating instructions between * * until your band is the width you like (sample is 8 rows.)

Finish It Off

Finish with Elizabeth Zimmermann's sewn cast off.

Chart Legend

Knit

Purl

Cable-L

Cable left -With right needle tip to the back, slip needle tip into back of 3rd and 4th stitches on left needle. Pinch below first 4 stitches on left needle to hold them in place, then slide left needle out of first 4 stitches.

Place left needle tip to front and into the 2 loops not on the needle (stitches 1 and 2)

Transfer the held stitches on the right needle to the left needle (this completes the twist)

Knit the 4 stitches on left needle.

Cable-R

Cable right - With right needle tip to the front, slip needle tip under the 3rd and 4th stitches on left needle. Pinch below first 4 stitches on left needle to hold them in place, then slide left needle out of first 4 stitches.

Place left needle tip to back and into the 2 loops not on the needle (stitches 1 and 2)

Transfer the held stitches on the right needle to the left needle (this completes the twist)

Knit the 4 stitches on left needle.

K1 — Knit 1

Inc 1 — Increase 1 making a backward loop onto the right needle

References

P U L S H Knitting Journal: http://charisa-martin.livejournal.com

Lifestyle Toe Up Socks - http://www.charisamartincairn.com/Fiber/Lifestyle%20Toe%20Up%20Socks.pdf
(all basic sock knitting instructions are here, including Priscilla Wild's cool heel instructions.)

Additional references:

Judy Becker's Magical Cast On for Toe-Up Socks: http://knitty.com/ISSUEspring06/FEATmagiccaston.html

Knitting in the Round, on two circular needles: http://www.az.com/~andrade/knit/twocirculars.html

Priscilla Wild's Short Rowing, No Wrapping, No Unwrapping, No holes, No counting, No muss, No fuss, No loops Short Row heel instructions - http://groups.yahoo.com/group/Socknitters

Elizabeth Zimmermann's Stretchy Sewn Cast Off: http://knitty.com/ISSUEsummer06/FEATsum06TT.html

Socks that Rock Lightweight, Blue Moon Fiber Arts: http://www.bluemoonfiberarts.com/fiber_type_detail.php?fiber_type_id=61