**Crocheted spiral finger labyrinth**

This little spiral finger labyrinth can be finished simply, as shown, or the beginning (or is it the end?) of its path might be ornamented with a charm, tassel or loop. Worked in kitchen cotton yarn, it may serve as a spa washcloth or coaster for your teapot when it's not on duty as a finger labyrinth.

A very helpful video demonstration for starting a two-color spiral with an adjustable ring may be found at [www.crocheteverafter.com](http://www.crocheteverafter.com). This pattern is adapted from Deja Jetmir’s Baby Sensory Blanket, for sale on Etsy.

**Materials:**
- Worsted cotton yarn (e.g., Lion Cotton, Lily Sugar and Cream);
- 1 ball Color A and 1 ball Color B
- G hook
- 3 stitch markers

**Abbreviations and other notes:**
- SC: Single crochet
- HDC: Half double crochet
- DC: Double crochet
- 2DC: 2 double crochet in same stitch
- St, Sts: Stitch, stitches
- Adjustable ring: See video demonstration noted above.
- DC in back loop: Insert hook not under both loops of stitch below, but under the back loop only. This creates the defined “curb” of the spiral labyrinth’s path.

**ROUND 1:**

**ROUND 2:**
With Color B on hook, 2DC in back loop of the four sts of Color A in row below (that is, SC, HDC, 2DC). Place marker, remove hook. With Color A, 2DC 2 in back loop of the four sts of Color B in row below. Place marker. Do not remove hook. 16 sts.

**ROUND 3:**

**ROUND 4:**
ROUND 5:

ROUND 6:

END:
You might choose to finish by simply tying off the last st of each color, or chain 2 and attach a charm to the last st of each color, or whatever else feels right. In any case, weave in the ends securely.